

**For Immediate Release**  
**January 18, 2022 [4:00 PM]**

**GUIDANCE ON ISOLATION RELEASE FOR COVID CASES**

**Finney County, Kansas** – Finney County Health Department has authorized Primary Care Providers/School Nurses to issue isolation release orders for COVID cases (Symptomatic/Asymptomatic positives or clinically diagnosed). We ask that you contact your Primary Care Provider/School Nurse (wherever you were tested/diagnosed) in order to receive a release for work/school.

Please contact Finney County Health Department if you have problems receiving an isolation release.

Please continue to take preventive actions to protect yourselves and our community. Call (620) 272-3600 to schedule a COVID-19 test or COVID-19 vaccination. Wear a face mask and practice social distancing (6) feet away from other people when in highly populated areas whether indoors or outdoors. Wash your hands often with soap and water for at least 20 seconds and regularly sanitize frequently used items.

**Para Publicación Inmediata**  
**18 de Enero de 2022 [4:00 PM]**

**ORIENTACIÓN SOBRE LA LIBERACIÓN DE AISLAMIENTO PARA CASOS DE COVID**

**Condado de Finney, Kansas:** El Departamento de Salud del Condado de Finney autorizó a los proveedores primarios/enfermeras escolares a emitir una autorización de liberación de aislamiento para los casos de COVID (sintomáticos/asintomáticos positivos o clínicamente diagnosticado). Le pedimos que se comunique con su proveedor de atención primaria/enfermera escolar (dondequiera que haya sido evaluado/diagnosticado) para recibir una autorización para regreso a trabajar/escuela.

Comuníquese con el Departamento de Salud del Condado de Finney si tiene problemas para recibir una autorización de liberación de aislamiento.

Continúe tomando medidas preventivas para protegerse a sí mismo y a nuestra comunidad. Llame al (620) 272-3600 para programar una prueba de COVID-19 o una vacuna contra el COVID-19. Use una máscara facial y practique el distanciamiento social (6 pies de distancia de otras personas) cuando se encuentre en áreas densamente pobladas, ya sea en interiores o exteriores. Lávese las manos con frecuencia con agua y jabón durante al menos 20 segundos y desinfecte regularmente los artículos de uso frecuente.

## WHAT TO DO AFTER YOU TAKE AN AT-HOME COVID TEST

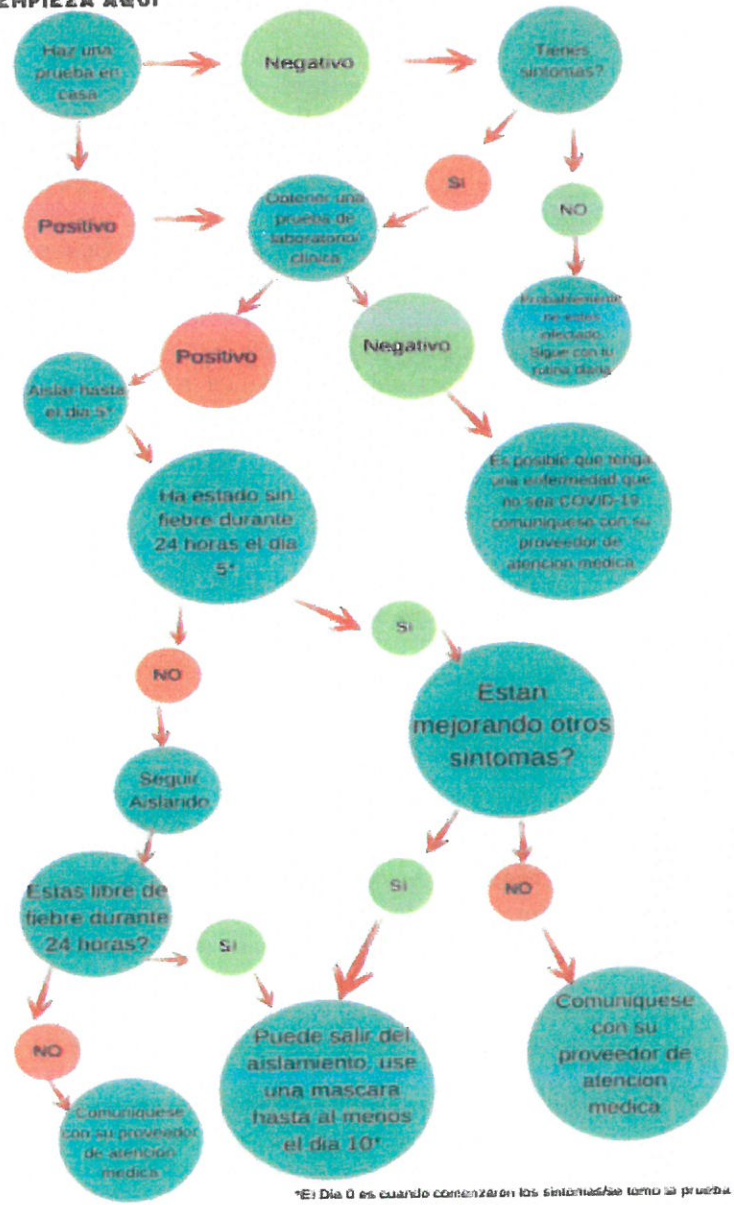
START HERE



\*Day 0 is when symptoms started or test was taken

## QUE HACER DESPUES DE REALIZAR UNA PRUEBA DE COVID EN CASA

EMPIEZA AQUI



\*El Día 0 es cuando comenzaron los síntomas/se tomó la prueba





## Isolation Guidelines for COVID-19 Cases (General Population)

**COVID-19 cases include:**

- Symptomatic, Positive on lab test
- Asymptomatic, Positive on lab test
- Symptomatic, not tested/waiting on results from lab test, clinical diagnosis

**\*Day 0 is your first day of symptoms or a positive viral test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.**

<p><b>IF you tested positive for COVID-19 or have symptoms</b></p> <p><b>REGARDLESS OF VACCINATION STATUS</b></p>	<p><b>Isolate until Day 5*</b></p> <p>Stay home until <b>Day 5</b> and isolate from others in your home</p> <p>Wear a well-fitted mask if you must be around others in your home</p> <p>If you are unable to wear a mask, isolate until <b>Day 10</b></p>	<p><b>Ending isolation if you had symptoms</b></p> <p>End isolation at <b>Day 5</b> if you are fever-free for 24 hours (without the use of fever-reducing medication) and other symptoms are improving</p> <p><b>Ending isolation if you did NOT have symptoms</b></p> <p>End isolation at <b>Day 5</b> after your positive test.</p> <p><b>If you were severely ill with COVID-19</b></p> <p>You should isolate until <b>Day 10</b>. Consult your doctor before ending isolation.</p>	<p><b>Take precautions until Day 10</b></p> <p><b>Wear a mask</b></p> <p>Wear a well-fitted mask until <b>Day 10</b> anytime you are around others inside your home or in public</p> <p><b>Avoid travel</b></p> <p><b>Avoid being around people who are at high risk</b></p>
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For further questions contact:  
**Finney County Health Department** 620-272-3600  
**Kansas Department of Health and Environment** 1-877-427-7317



**FINNEY COUNTY**  
KANSAS

T. (620) 272-3600  
F. (620) 272-3606

## QUARANTINE GUIDELINES FOR EXPOSURE<sup>1</sup>/CLOSE CONTACTS<sup>2</sup> OF COVID-19 CASES (GENERAL POPULATION UP-TO-DATE WITH VACCINATION)

\*The date of your exposure is considered as **Day 0**. **Day 1** is the first full day after your last contact with a person who has COVID-19 (lab-confirmed/clinical diagnosis)

<p><b>IF YOU were exposed to COVID-19 and are up-to-date with vaccination i.e.:</b>          Within 5 months of primary Pfizer/Moderna series or 2 months of Johnson &amp; Johnson.          OR          &gt;5 months of primary Pfizer/Moderna series or &gt;2 months of J&amp;J vaccine PLUS had a Booster          OR          Had confirmed COVID-19 within the past 90 days (You tested positive using a viral test)</p>	<p><b>No Quarantine</b>          You do not need to stay home unless you develop symptoms.</p> <p><b>Testing recommended</b>          At least 5 days after contact even if you have no symptoms</p>	<p><b>Watch for symptoms</b>          Watch for symptoms until <b>Day 14*</b>.</p> <p><b>If you develop symptoms</b>          Isolate immediately and get tested. Follow isolation guidelines for probable/confirmed cases.</p>	<p><b>Take precautions until Day 10*</b></p> <p><b>Wear a mask</b>          Wear a well-fitted mask till <b>Day 10*</b> any time you are around others inside your home or in public.</p> <p><b>Avoid travel</b></p> <p><b>Avoid being around people who are at high risk</b></p>
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**<sup>1</sup>Exposure**

Contact with someone infected with SARS-CoV-2 in a way that increases the likelihood of getting infected with the virus.

**<sup>2</sup>Close Contact**

Close contact is someone who was less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. For example, three individual 5-minute exposures for a total of 15 minutes

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**QUARANTINE GUIDELINES FOR EXPOSURE<sup>1</sup>/CLOSE CONTACTS<sup>2</sup> OF COVID-19 CASES (GENERAL POPULATION NOT UP-TO-DATE WITH VACCINATION)**

\*The date of your exposure is considered as **Day 0**. **Day 1** is the first full day after your last contact with a person who has COVID-19 (lab-confirmed/clinical diagnosis)

If YOU were exposed to COVID-19 and are <u>NOT up-to-date on COVID-19 vaccinations</u>	Quarantine for at least 5 days	After quarantine	Take precautions until Day 10
i.e.:	<b>Stay Home</b>	<b>Watch for symptoms</b>	<b>Wear a mask</b>
Fully vaccinated with Pfizer/Moderna over 5 months ago and no booster	Stay home until Day 5*	Watch for symptoms until Day 14*	Wear a well-fitted mask until Day 10* any time you are around others inside your home or in public.
Fully vaccinated with J&J over 2 months ago and no booster	Wear a well-fitted mask if you must be around others. Stay home till DAY 10* if you can't mask.	<b>If you develop symptoms</b> Isolate immediately and get tested. Follow isolation guidelines for probable/confirmed cases.	<b>Avoid travel</b>
Unvaccinated	<b>Testing recommended</b> At least 5 days after contact even if you have no symptoms		<b>Avoid being around people who are at high risk</b>

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