



LIVEWELL NEWS



YOUR WEEKLY NEWSLETTER ABOUT LIVEWELL FINNEY COUNTY!

JENNIE BARKER STUDENTS GRADUATE FROM D.A.R.E. PROGRAM

Fifth and sixth-grade students at Jennie Barker Elementary School celebrated a significant milestone last week as they graduated from the D.A.R.E. program. D.A.R.E. (Drug Abuse Resistance Education) equips children with the skills they need to resist peer pressure and make safe, healthy choices regarding tobacco, drugs, and alcohol.

In Finney County, this impactful program is led by Corporal Ashley Crockett of the Finney County Sheriff's Department and is supported by the Drug Free Communities grant administered through LiveWell Finney County. We are incredibly proud of Corporal Crockett's dedication to bringing D.A.R.E. back to our community and congratulate all the students on their achievement!



REMINDER!

FOLLOW US ON SOCIAL MEDIA!



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UPCOMING EVENTS

LHEAT- December 11

Kansas Opioid Conference- December 12

LiveWell Offices Closed- December 25

There is no coalition meeting in December

Stop Tobacco Use and Vaping

Many people who use tobacco want to quit and it may take several tries to quit tobacco or vaping. The good news: FREE help is available to all Kansans through the [Kansas Tobacco Quitline](#). Support options include:

- Coaching over the phone or online
- Text messaging
- Email support
- Quit medication (nicotine patches, gum, or lozenges) to those that qualify



NEWS TO SHARE?

Send us an email at
LiveWellFinneyCounty@gmail.com

DECEMBER IS S.A.D. MONTH

December is Seasonal Affective Disorder (SAD) Awareness Month, a time to shed light on this form of depression that typically occurs during the darker, colder months. SAD can affect mood, energy, and overall well-being, but there are ways to manage it, including light therapy, exercise, and seeking support. If you or someone you know is experiencing symptoms, don't hesitate to reach out for help. Let's work together to prioritize mental health this season.

FACT:

Safe and easy medical disposal is available in Finney County 24 hours a day, 7 days a week!

Stop by one of the 24/7 boxes and dispose of your expired or unused medications:
St. Catherine Hospital
Finney County Law Enforcement Center


FREE COVID-19 TESTS AVAILABLE

LiveWell Finney County is offering free COVID-19 tests, limited to one per person. Tests can be picked up at our office located at 310 E. Walnut, Suite 202. Stay safe and healthy, Finney County!

JANUARY 28

Join us for the January 2025 Coalition Meeting as we begin shaping the 2026-2029 Community Health Needs Assessment. This is your opportunity to share your insights and help identify the health priorities that matter most to our community.

 Date: January 28, 2025 @ Noon

 Location: Classroom B- St. Catherine Hospital
Make sure your voice is heard—your input makes a difference!

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SIN JUZGAR.**

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LiveWell
Finney County
Health Coalition 